

# CORE VALUES

## ALIGNMENT REFLECTION DOCUMENT

### IDENTIFICATION

CIRCLE THREE VALUES BELOW THAT MATTER THE MOST TO YOU RIGHT NOW

- Integrity • Joy • Compassion • Discipline
- Honesty • Growth • Fun • Excellence
- Service • Curiosity
- Courage • Balance • Family • Ambition
- Resilience • Community • Loyalty
- Respect • Clarity • Creativity

Once circled, write 1-2 sentences under each about why they matter in this season of your leadership.

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WHAT'S ONE VALUE YOU WERE RAISED WITH THAT YOU NOW LEAD WITH?

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WHEN THINGS GOT DIFFICULT RECENTLY, WHAT BELIEF OR PERSON KEPT YOU GROUNDED?

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WHAT'S ONE SMALL CHANGE YOU'VE MADE LATELY THAT HAD A BIG IMPACT?

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### USE YOUR TOP 3 VALUES TO MAP OUT REAL-WORLD ACTION:

VALUE #1: \_\_\_\_\_  
IMMEDIATE ACTION: \_\_\_\_\_

VALUE #2: \_\_\_\_\_  
IMMEDIATE ACTION: \_\_\_\_\_

VALUE #3: \_\_\_\_\_  
IMMEDIATE ACTION: \_\_\_\_\_

### RESOURCE OF THE WEEK



Using your values identified, how will you ensure they are a non-negotiable for you?

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### 3 TIPS TO TRY!

- 1** SCHEDULE MICRO-CHECK-INS—PAUSE FOR 2 MINUTES TODAY TO REALIGN WITH YOUR CORE VALUE.
- 2** ANCHOR THROUGH DISCOMFORT—IDENTIFY ONE ADVERSITY-BOUNDARY CONVERSATION TO PREPARE FOR.
- 3** LEAD THE WAY—ACT BOLDLY ON ONE ITEM FROM YOUR VALUE-TO-ACTION PLAN—NO OVERTHINKING NEEDED.